



ACTIVITY REPORT
“Supporting Women with Disabilities in Pakistan”

Title of completed activity: Training of Trainers on Gender and Disability in Development.

Location and date of activity: Hotel Pak-Continental Islamabad, 8th -10th December 2015

Target: Women with Disabilities from Khyber Pakhtunkhwa, Azad Jammu and Kashmir and Islamabad

Names of facilitators/moderators: Ms. Abia Akram (NFWWD), Mr. Atif Sheikh (STEP), Ms. Maria Qureshi (STEP)

Thematic focus of the activity:

- Gender
- Disability
- Inclusive Development

Number of participants from geographic regions:

Islamabad	Khyber Pakhtunkhwa	Azad Jammu & Kashmir	Total No of Participants	Total DPOs
11	9	4	24	12

Summary of participants:

Highly motivated set of participants from Islamabad, Rawalpindi, Bari Imam, KPK and AJK were present. Representing different areas of KPK i.e. Peshawar, Dir, Haripur, Abbottabad and Nowshera. Muzaffarabad, AJK. All participants have some experience of delivering trainings in the community

Training Background:

STEP has to train 60 master trainers from 30 DPO'S across Pakistan in order to cascade awareness sessions in the community. One of the planned 3 TOT's was conducted in Islamabad. In this TOT, 24 participants were trained and ready to cascade awareness sessions in the community. These Master trainers were trained on 3-day on specific training manual.

Training of Trainers (Proceedings):

In this TOT, 13 facilitators were engaged

1. Ms. Abia Akram (NFWWD)
2. Mr. Atif Sheikh (STEP)

3. Ms. Haleema (STEP)
4. Mr. Ali Shabbar (STEP)
5. Ms. Maria Qureshi (STEP)
6. Ms. Afshan Afridi (STEP)
7. Dr. Rakhshanda (SACHET)
8. Ms. Hadia Nusrat (UN WOMEN)
9. Ms. Saima Aslam (NFWWD)
10. Ms. Rabeea (Aurat Foundation)
11. Ms. Naima Hassan (UNDP)
12. Mr. Shafiq ur Rehman (Milestone)
13. Ms. Munazza Gillani (Sightsavers)

They delivered 3 days TOT on a specific manual. In this TOT, they covered to understand Disability as per Inclusive Development, Gender and how does it affect Women with Disabilities, link between Gender and Disability, link between leadership and advocacy. The methodology of TOT was based on interactive sessions, practice sessions and simulations. Day first was started with the recitation of Holy Quran followed by the introductory session, which covers name of participants' home trainers and introduction of the whole project. In this day facilitators also covered, our 'Identity', link between 'Identity' and 'Culture', Familiarization with Disability and Impairment, and disability Framework in Pakistan. Second day was started with the recap and followed by sessions on link between 'Gender' and 'Disability', understanding issues specific to 'Gender' and 'Sex', identifying barriers faced by Women with Disabilities, models of disability, overcoming resistance to Gender Equality and peer counselling. In this day they also divided into three groups and practiced on delivering awareness sessions. Day three was started with the recap and followed by understanding 'Mentoring', 'Leadership', 'Advocacy' and 'Networking'. In this day facilitators also discussed how to conduct and report back awareness sessions and ended up by certificates distribution ceremony.

Lessons learned and recommendations:

- Facilitators demonstrated it in a very good manner that what leadership skills and qualities should be developed to conduct training in the respective areas.
- Sessions on concept of Disability and Gender were very informative and these sessions clarified proper terminologies which should be used for persons with disabilities.
- Activities on Peer Counselling was very helpful to get to know about counselling in a proper way.
- Home groups/practice sessions should be run separately and the environment of these sessions should be like the awareness sessions in the community.
- Materials provided in the training should be accessible for visually impaired people.

Participant's Feedback:

- Saira Shams from Special Abilities Development Association was very happy and determined to deliver awareness sessions in the best possible way.
- Naseem Bibi from Development of Disabled People Organization wanted to include women with more diverse disabilities in this process.

Impact:

24 Trainers with diverse disabilities have been trained on Gender and Disability in Development. It reflects huge impact on the disability movement in Pakistan. Trainers will conduct training sessions in their respective areas and Disability movement will be raised in Pakistan. Have developed the strong network and coordination mechanism, also shared their thoughts to establish the strong linkages between gender and disability movement and how from their personal commitments and advocacy will influence the policy implications specially UNCRPD Article 6 and Goal 5 of the SDG on Gender Equality.

Next steps:

Next TOT will be conducted in KARACHI and LAHORE on December 21, 2015 to December 23, 2015 and April 18, 2015 to April 20, 2015 respectively. These 12 DPO's will further conduct training sessions on Gender and Disability in the different areas of Khyber Pakhtunkhwa, Azad Jammu & Kashmir and Islamabad.

Report completed by: Maira Fakhar

Photos:





SESSION ON UNDERSTANDING ADVOCACY- SUPPORTING WOMEN WITH DISABILITIES IN PAKISTAN-TRAINING OF TRAINERS ON GENDER AND DISABILITY IN DEVELOPMENT OF WOMEN WITH DISABILITIES FROM KHYBER PAKHTUNKHWA, AZAD JAMMU & KASHMIR AND ISLAMABAD, 8th-10th DECEMBER, 2015 (DAY 3)



HOME GROUPS/PRACTICE SESSIONS - SUPPORTING WOMEN WITH DISABILITIES IN PAKISTAN - TRAINING OF TRAINERS ON GENDER AND DISABILITY IN DEVELOPMENT OF WOMEN WITH DISABILITIES FROM KHYBER PAKHTUNKHWA, AZAD JAMMU & KASHMIR AND ISLAMABAD, 8th-10th DECEMBER, 2015 (DAY 2)



ACTIVITY ON UNDERSTANDING INCLUSION AND NETWORKING- SUPPORTING WOMEN WITH DISABILITIES IN PAKISTAN- TRAINING OF TRAINERS ON GENDER AND DISABILITY IN DEVELOPMENT OF WOMEN WITH DISABILITIES FROM KHYBER PAKHTUNKHWA, AZAD JAMMU & KASHMIR AND ISLAMABAD, 8th - 10th DECEMBER, 2015 (DAY 3)



Training of Trainers on "Gender and Disability in Development"

Organized by: National Forum of Women with Disabilities & Special Talent Exchange Program

8th -11th Dec 2015

Attendance Sheet

Sr.NO	Name	Organization	City	Cell no	Day 1	Day 2	Day 3	Day 4
1.	Ms. Farah Butt	DPDO	Rawalpindi	0301-5316335	[Signature]	[Signature]	[Signature]	
2.	Ms. Naseem	DPDO	Rawalpindi		Naseem	Naseem	Naseem	
3.	Ms. Saima Aslam	Facilitator	Rawalpindi	0313-5266735	[Signature]	[Signature]	SABA [Signature]	
4.	Saima's Attendant				SABA	SABA	SABA	
5.	Ms. Nagina	NFWWD	Rawalpindi	0334-0106883	[Signature]	[Signature]	[Signature]	
6.	Ms. Maheen Khadija	Saaya Association	Islamabad	0336-9887996	Maheen		Maheen	
7.	Khadija's Attendant				Aileen		Aileen	
8.	Ms. Mahnaz	Saaya Association	Islamabad	0321-5716243	Maz	Maz	Maz	

Mahnaz
Attendant
Maz Riz

Maz

Sr.NO	Name	Organization	City	Cell no	Day 1	Day 2	Day 3	Day 4
9.	Ms. Humaira	Sir Syed Deaf A	Islamabad	0336-5210095	[Signature]	[Signature]	[Signature]	
10.	Ms. Fariha	Sir Syed Deaf A	Islamabad	0346-6229553 0343-5200335	Fariha	Fariha	Fariha	
11.	Ms. Amber Rasheed	STEP	Rawalpindi	0311-5823328	[Signature]	[Signature]	[Signature]	
12.	Amber's Attendant							
13.	Ms. Sumaiya	STEP	Rawalpindi	0321-2123625		Sumaiya	Sumaiya	
14.	Ms. Faryal	STEP	Rawalpindi	0331-5509364	[Signature]	[Signature]	[Signature]	
15.	Ms. Afshan Afridi	SLF	Peshawar	0333-9776540	[Signature]	[Signature]	[Signature]	
16.	Dr. Neelam	SLF	Noshahrah	0333-9164216	[Signature]	[Signature]	[Signature]	
17.	Ms. Rabiha	Paraplegic Center WHKS	Peshawar	0334-8958192	Rabiha	Rabiha	Rabiha	
18.	Ms. Haseena	Paraplegic Center	Peshawar	0311-9880449	[Signature]	[Signature]	[Signature]	
19.	Haseena's Attendant			0333 910803	[Signature]	[Signature]	[Signature]	
20.	Ms. Komal Khan	A Star Association	Mansahra	0333-5513585	[Signature]	[Signature]	[Signature]	
21.	Ms. Zainab Noor	A Star Association	Abbottabad	0310-5603706	[Signature]	[Signature]	[Signature]	
22.	Zainab's Attendant				[Signature]	[Signature]	[Signature]	
23.	Ms. Amina Rasheed	A Star Association	Abbottabad	0321-9963950	Amina	Amina	Amina	

Sumaiya
Attendant

[Signature]

Sr.NO	Name	Organization	City	Cell no	Day 1	Day 2	Day 3	Day 4
24.	Ms. Shahrabano	Empowerment Pak	Haripur	0343-9474531	<i>Rashid</i>	<i>Rashid</i>	<i>Rashid</i>	
25.	Shahrabano's Attendant				<i>Rashid</i>	<i>Rashid</i>	<i>Rashid</i>	
26.	Ms. Shairabano	Empowerment Pak	Haripur		<i>Rashid</i>	<i>Rashid</i>	<i>Rashid</i>	
27.	Ms. Kiran	Our Voice	AJK	0301-4754486	<i>Oliver</i>	<i>Oliver</i>	<i>Oliver</i>	
28.	Kiran's Attendant				<i>Naseem</i>	<i>Naseem</i>	<i>Naseem</i>	
29.	Ms. Saira Shams	Special abilities development org	Lower Deer	0308-5291875	<i>Saira</i>	<i>Saira</i>		
30.	Saira's Attendant							
31.	Abia							
32.	Maria Qureshi				<i>Maria</i>	<i>Maria</i>	<i>Maria</i>	
33.	Maira Fakhar				<i>Maira</i>	<i>Maira</i>	<i>Maira</i>	
34.	Naveed Anjum	STEP	Isb	0323-526890	<i>Naveed</i>	<i>Naveed</i>	<i>Naveed</i>	

35 - Fatima

35 Zubia

0322-524765

Isb

0322-524765

Zubia

Zubia

Zubia

Zubia